

## MEDICAL ADVICE DISCLAIMER

As a sleep consultant/sleep training specialist, I do not provide or offer any medical advice. The information being shared and/or discussed, including but not limited to text images, graphics, and other materials, is for informational and educational purposes only. The information provided regarding your child's sleep or any other aspect of the sleep consulting/sleep training process is not intended to be a substitute for the professional medical advice, diagnosis, or treatment provided by your pediatrician or health care provider. Always seek the advice of your pediatrician or primary care provider with any questions or concerns you may have regarding a medical issue related to you or your child. Never disregard professional medical advice from qualified health providers, or delay seeking it because of information you may have come across on this business platform.